



J. K. Lee Black Belt Breaking

1. Fill out Kick Stations.
2. Fill out Name, Rank, School, Age.
3. Calculate each Station value, combine value for max possible score.
4. Fill in on computer and email to jkleetournament@gmail.com

Kicks	Choose All that Apply				Choose only One (Measured based on Competitor)				Choose only One		Choose only One (Measured from top of Obstacle)			Choose only One - 2 points given for each distance equal to 1/2 the height of the competitor					Add up Kick Points				
	Front	Side	Round	Axe	Back	Hook	Target Height : Floor - Belt	Target Height : Belt-Top of Shoulder	Target Height: Top of Shoulder +	Jumping***	Reverse	Flying**	Jump over Obstacle Vert. - Floor to Belt	Jump over Obstacle Vert. - Belt-Top of Shoulder	Jump over Obstacle Vert. - higher than shoulder	Jump Distance - Hor. - Zero to 1/2 player's height	Jump Distance - Hor. - 1/2 to 1x	Jump Distance - Hor. - 1 to 1.5x player's height	Jump Distance - Hor. - 1.5 to 2x player's height	Jump Distance - Hor.etc.			
Front	1		1	0.5	1	0	1	2	2		1	0	4	6	0	2	4	6	8				
Side	1		1	0.5	1	0	1	2	2		1	0	4	6	0	2	4	6	8				
Round	1		1	0.5	1	0	1	2	2	3													
Axe	1		1	0.5	1	0	1	2	2	3													
Back	1	1		0.5	1	0	1	2	2		1	0	4	6	0	2	4	6	8				
Hook	1	1	1		1	0	1	2	2		1	0	4	6	0	2	4	6	8				
Describe Kicks Per Station																				Station Points			
Base+Type1+Target Height+Type2+Obstacles+Jump Distance																							
Back Swing	4	Choose only One				0	1	2		1													
Step over	4.5	0					1	0	1	2	2												
Low	5	must do kick on knee				1																	
Special Techniques																							
Backflip	8					1	3																
540	5					1	1	2	4														
Hand	1					1	5																
** Typically jumping over an obstacle ***No Forward Progress after Jump																							
Special Notes and Circumstances																							
Multiple Breaks in a Single Station (consecutive kicks in one motion)	1 point bonus per board				ex : Double jumping front snap kick = 2 jumping front kicks (4 pts each) + 2 board bonus (1 pt each) = 10 pts				<u>Rank: Circle One</u>			(print everthing clearly)			Total Maximum Possible Points:								
Power Breaks (Single kick on stacked boards)	1 point bonus per board				ex: 360 Back Kick (turning, stomach height, jumping - 5 pts) through 3 boards (1 pt each) = 8 pts				Cho Dan (1st)	Ei Dan (2nd)	Sam Dan (3rd)	Name (please print):											
Encouraged not do same technique in multiple stations	2 point penalty per repeat				ex: 5 x 540 , chest high, kicks in a row = 540 x 5 (6 pts each) - 8 repeat points = 22 points				Sah Dan (4th)	Oh Dan (5th)													
Grand Champion Round ONLY - Age Conditional Points - circle one								Age:		Sex:		School/Location (please print):											
13 - 29 yr. get no Bonus	30 yr - 40 yr. get 6 Bonus Points		41- 50 yr. get 9 Bonus Points		50+ yr. get 12 Bonus Points																		
Suspended boards - aka "Speed Breaks", will be granted 1 bonus point each																							