



Class Schedule - effective June 1, 2018

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
Children's White Belt thru Green Belt					
5:00-6:00	4:00-5:00	5:00-6:00	4:00-5:00	5:00-6:00	9:00-10:00
Adult and Family White Belt thru Green Belt					
6:00-7:00	7:00-8:00	6:00-7:00	<u>Noon-1:00*</u> 7:00-8:00	5:00-6:00	9:00-10:00

**Noon class is for adults only, however children may attend mid-June thru mid-August*

Children's High-Green Belt thru Black Belt					
4:00-5:00	5:00-6:00	4:00-5:00	5:00-6:00	5:00-6:00	10:00-11:00
Adult and Family High-Green Belt thru Black Belt					
7:00-8:30	6:00-7:30 (7:00-7:30 Sparring)	7:00-8:30	<u>Noon-1:00*</u> 6:00-7:30	5:00-6:00 *Green thru High-Brown only	10:00-11:00
Specialty Classes					
	7:30-8:00 Weapons High Green Belts and Higher		7:30-8:00 Black Belt forms and review	6:00-7:00 Red thru Black Belt only (6:00 -7:30 six weeks prior to testing)	11:00-12:00 All Belt Sparring Class (with gear) 12:00-1:00 Demo Team Practice Children and Adults

Reminder: Bring ALL gear to every class.